

# EnzyMOOD™

Contains Phosphatidylserine (PS) -  
A clinically proven natural nutrient

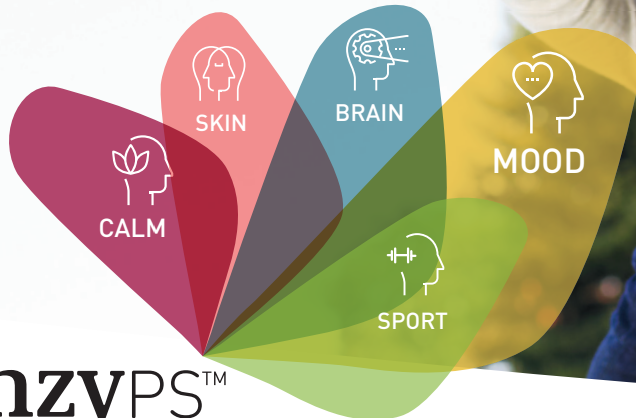
PS was shown to:



Reduce  
Cortisol levels



Improve  
mood



**EnzyPS™**  
SOLUTIONS

## More people are feeling depressed

Increasing numbers of people report feeling depressed at some point in their lives, and depression is particularly common among older people and among women. Whether experienced as short-lived problem or long-term condition, depression affects people's ability to function properly in their jobs, studies and personal lives.

## PS naturally reduces depression

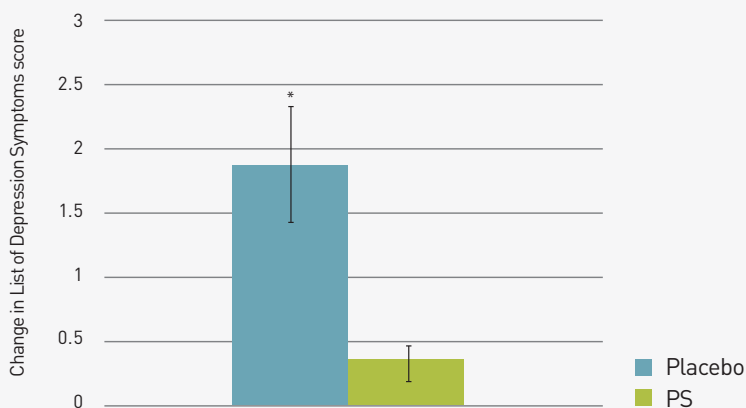
Phosphatidylserine (PS), a natural lipid that is part of our body, is clinically proven to improve mood and reduce depression. It was shown to reduce the increase in a harmful hormone, cortisol, which naturally occurs as part of the body's reaction to depression.

## Clinically proven benefits of PS on mood

Cortisol level increases when a person is depressed. For 25 years it has been known that PS reduces cortisol levels in both blood and saliva. In a clinical study of elderly people, the control group reported a close to 30% increase in their depression symptoms after 12 weeks, while those who took daily PS supplements reported almost no increase, indicating that PS can alleviate depression and improve mood.

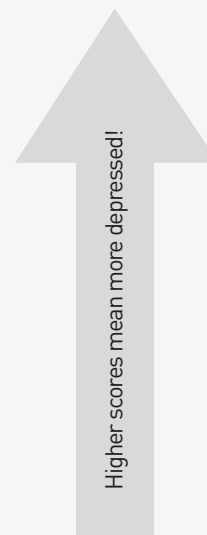
### PS intake had a positive effect on mood

In a double-blind, placebo-controlled study in 57 elderly who consumed PS (300mg/day) for 12 weeks



Source: Gindin et al, 1993

\* p<0.05



## EnzyMOOD™ Superior PS by Enzymotec



EnzyPS™ is one of the leading phosphatidylserine brands in the supplement industry, representing highest quality and greatest variety of grades in the world



Enzymotec has exclusive and patented PS grades



EnzyPS™ is produced from a variety of sources (soy, sunflower, fish) and grades especially suitable for food applications



Excellent organoleptic properties, easy to use in tablets, sachets, gummies, UHT milk, powder products and more



EnzyPS™ is globally regulated – USA (GRAS), EU, China, Australia and more.



Customer tailored solutions